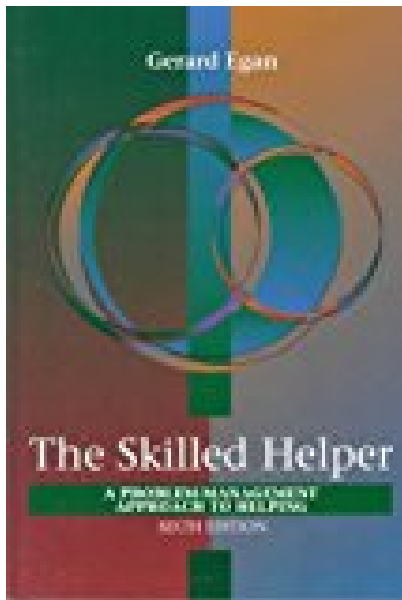


# Skilled Helper A Problem-Management Approach to Helping

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## BOOK DETAILS

- Author : Gerard Egan
- Pages : 377 Pages
- Publisher : Brooks Cole
- Language : English
- ISBN : 053434948X



## BOOK SYNOPSIS

Aimed at helpers, this text emphasizes the collaborative nature of the therapist-client relationship and using a practical, three-stage model that drives client problem-managing and opportunity-developing action, leads readers step-by-step through the counselling process, while giving them a feeling for the complexity inherent in any helping relationship. As readers master the various steps of the helping model, they should be able to improve their competence and confidence measurably.

### **SKILLED HELPER A PROBLEM-MANAGEMENT APPROACH TO HELPING -**

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