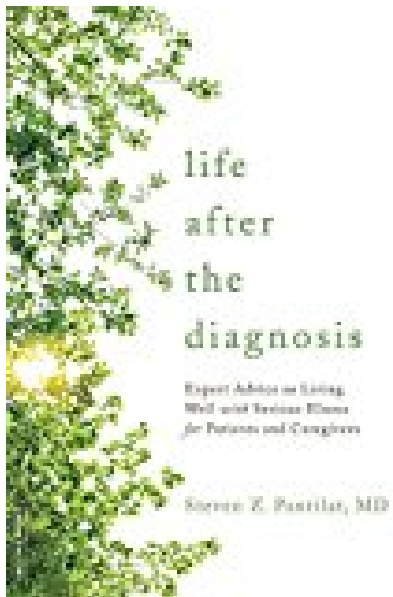


Life after the Diagnosis Expert Advice on Living Well with Serious Illness for Patients and Caregivers



BOOK DETAILS

- Author : Steven Pantilat
- Pages : 368 Pages
- Publisher : Da Capo Lifelong Books
- Language : English
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BOOK SYNOPSIS

In *Life After the Diagnosis*, Dr. Steven Z. Pantilat, a renowned international expert in palliative care, shares innovative approaches for dealing with serious illness, outlines the steps that patients should take, and demystifies the medical system. He makes sense of what doctors say, what they actually mean, and how to get the best information to help make the best medical decisions. Dr. Pantilat covers everything from the first steps after the diagnosis and finding the right caregiving and support, to planning your future so your loved ones don't have to. He offers advice on how to tackle the most difficult treatment decisions and discussions and shows readers how to choose treatments that help more than they hurt, stay consistent with their values and personal goals, and live as well as possible for as long as possible.

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