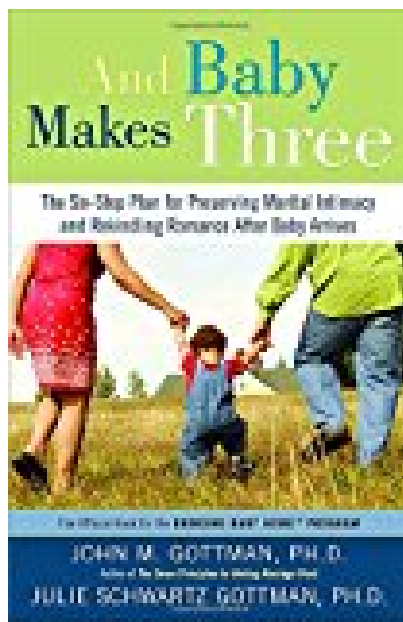


# And Baby Makes Three The Six-Step Plan for Preserving Marital Intimacy and Rekindling Romance After Baby Arrives

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## BOOK DETAILS

- Author : John Gottman PhD
- Pages : 272 Pages
- Publisher : Harmony
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## **BOOK SYNOPSIS**

Drawing on separate scientific studies, two relationship experts introduce the knowledge and skills couples need to make the transition to parenthood, using practical advice and real-life examples to help couples avoid relationship meltdown, maintain a healthy sex life, preserve emotional intimacy, prevent postpartum depression, and create a nurturing environment. Reprint. 50,000 first printing.

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